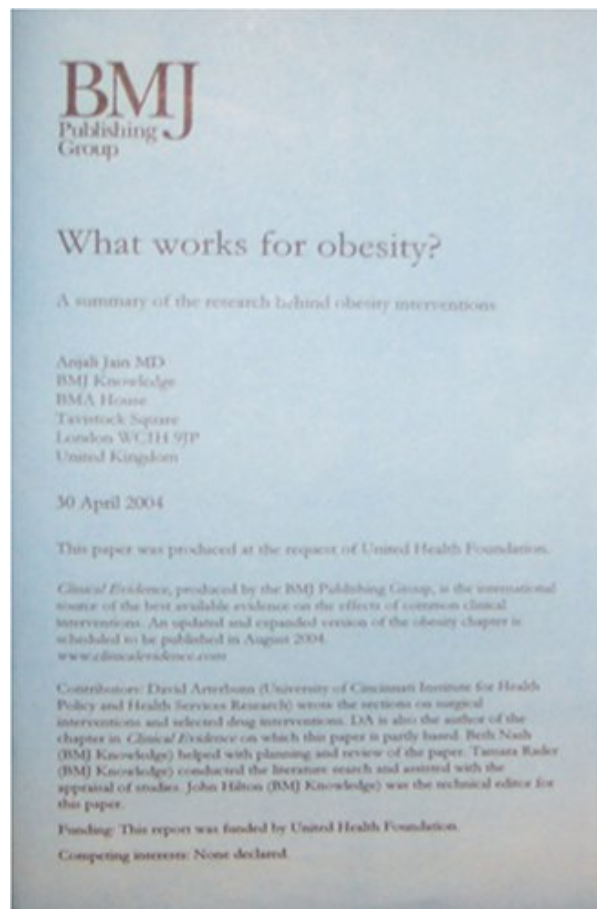


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## What works for obesity?

A summary of the research behind obesity interventions

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*Clinical Evidence*, produced by the BMJ Publishing Group, is the international source of the best available evidence on the effects of common clinical interventions. An updated and expanded version of the obesity chapter is scheduled to be published in August 2004.  
[www.clinicalevidence.com](http://www.clinicalevidence.com)

**Contributors:** David Arterburn (University of Cincinnati Institute for Health Policy and Health Services Research) wrote the sections on surgical interventions and selected drug interventions. DA is also the author of the chapter in *Clinical Evidence* on which this paper is partly based. Beth Nash (BMJ Knowledge) helped with planning and review of the paper. Tamara Rader (BMJ Knowledge) conducted the literature search and assisted with the appraisal of studies. John Hilton (BMJ Knowledge) was the technical editor for this paper.

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